

IMEC (Marie Cobel) with "Friends"
August 15, 1985

Session 120: Formation and growth of individual energy

Summary:

2:30 Min: You misunderstand in thinking that there is one Creator and all come from that single source. There are other creations that exist (you might say "before" the earth plane). You were part of another creation before this creation. Energy moves from creation to creation, but always retains its "initial vibration." But all creations are "simultaneous," in that they are outside of time-space. A fragment of consciousness may recognize itself as being separate and incorporate the Uncreated Force or energy and grow in awareness. Consciousness is not the energy; it is an awareness or observation of the energy. Consciousness develops self-awareness and tries to merge with other energies in order to expand itself and reduce a feeling of incompleteness.

31 Min: *Friends* see our reality as a "picture book." "Change" is not an alternation; it is a creation of a new manifestation. Humans see change as the formation of a different solid reality. The Uncreated Force is within every energy system, and each maintains its own individual rate of vibration (of which consciousness is an attribute).

48 Min: *Friends* do not wish to entice us, though they could. They want to reach our intellectual understanding. They do not have "feelings" as humans do, nor concern for feelings in us. They want to inform, not to manipulate. Nor should we manipulate others. One should work on oneself and not be concerned about influencing others or bringing some "truth" to the world.

Report by Jose E. Arteaga